



Camp Shoreshim

Parent Handbook 2021

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Dear Camp Shoreshim Parents:

Thank you for the opportunity for us to be a part of your family's life this summer!

We are thrilled that you and your family are taking part in Camp Shoreshim's **tenth** summer and supporting the area's only Jewish day camp. We are pleased to work with our returning Camp Director, and we're looking forward to another year of enjoying Shoreshim with multiple age ranges. We know it will be a great summer experience!

Our goals are to develop a camp community spirit, teach Jewish values through storytelling, food, the environment, and music, and to host an inclusive camp. We also focus on having a safe and fun summer at our Ancient Hebrew Village.

Camp Shoreshim's core principles include being in nature, fostering community, and connecting with the land in the ways of our ancestors, experiencing an Ancient Hebrew Village while having fun along the way. In addition to this Handbook, please bookmark our website www.jccslo.com/camp-shoreshim, like the JCC-Federation and Camp Shoreshim Facebook pages, www.facebook.com/jccslo and www.facebook.com/CampShoreshim, and follow us on Instagram, [@campshoreshim](https://www.instagram.com/campshoreshim) and [@jcc_slo](https://www.instagram.com/jcc_slo).

Please don't hesitate to call if you have any questions or concerns. If we can provide you with any additional information or be of service to you, please call or email us.

Sincerely,

-Your Camp Shoreshim Family

Office: 805-426-5465

Email: info@jccslo.com and julia@jccslo.com

WELCOME

Mission/Vision:

The goals of all JCC-Federation of SLO programs are to ***build Jewish community locally and connect globally***. Our camp programs, as a part of the JCC, reflect these values and are designed to help our campers grow mentally, physically, and spiritually within a fun camp environment.

The JCC-Federation is a part of the [Jewish Federations of North America](#), a global network of communities. Locally, we are members of the SLO Chamber of Commerce, SPOKES, the Downtown Association, and a partner (through our Jewish Family Services of SLO) with Transitions-Mental Health Association. The overall mission of the JCC-Federation of San Luis Obispo is to foster a united community on the Central Coast through programs offering educational, social and recreational activities based on Jewish principles. We serve as the focal point of Jewish community life in San Luis Obispo County, and connect people of various backgrounds, ages, and religions.

Our 1,900+ member-based organization is led by its JCC-Federation Manager, volunteers, committees, and Board of Directors. Please contact us if you are interested in becoming more involved by donating your time, support, or expertise. Thank you for your continued support. Please contact the JCC at (805) 426-5465 or info@jccslo.com for more information on how you can get involved today!

CONDUCT

Our Code of Conduct states that the JCC-Federation of SLO is committed to providing a safe and welcoming environment for all of our members and guests. To ensure safety and comfort for all, we ask individuals (children and adults) to act appropriately while they are on our property or participating in a JCC program. We expect persons using our property to behave in a mature and responsible way and to respect the rights and dignity of others.

Our code of conduct does not permit language or action(s) that can hurt or frighten another person or that falls below a generally accepted standard of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling, and shouting;
- Physical contact with another person in an angry or threatening way (including hitting, biting, and spitting), and respecting personal boundaries;
- Any demonstration of sexual activity or sexual contact with another person;
- Harassment or intimidation with words, gestures, body language or other menacing behavior;
- Behavior which intends to or results in the theft or destruction of property;
- Carrying or concealing any weapons or devices that may be used as weapons.

Members and guests are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are trained and expected to respond to any reported violation of our code of conduct. Please do not hesitate to notify a staff member if you need assistance. JCC Management will investigate all reported incidents. Dismissal from a

program or termination of JCC Membership privileges may result from any violation of the code of conduct. No refunds will be given.

CAMP SHORESHIM NAME AND GOALS

“Shoreshim” means roots in Hebrew. We chose a camp name and logo that connects the campers to Jewish traditions and heritage and to the Earth. Outdoor Education is integral to Camp Shoreshim, as much as Jewish lessons, Hebrew language development, and a connection to Israel. As the camp is run on Jewish values, we embrace diversity and welcome campers of all backgrounds. Through village building, arts and crafts activities, music, learning, inclusivity, and interacting with other campers this summer, our goal is that your child will experience a connection to their “shoreshim,” and make their own “mishpacha” - family - through fond summer memories.

As the camp program is designed and led, the following three goals guide Camp Shoreshim’s decisions and direction. These principles relate to the self, the community, and interactions with others as well as with the environment and our surroundings. The specific goals of the day camp program are:

- Develop a camp community spirit.
- Teach Jewish value through:
 - Storytelling
 - Music
 - Food
 - Environmentalism
- Host an inclusive camp.

NOTE TO PARENTS

As a provider of children’s programs, the JCC-Federation of SLO strives to effectively screen and train all staff and volunteers. Our quality programs enrich the lives of hundreds of children each year and the safety of every child is a top priority for us.

To make sure your child remains safe outside of JCC supervision and to protect our staff and volunteers, the JCC encourages your cooperation in the following areas:

- It is a violation of JCC policy for a JCC employee to babysit, host sleepovers, or spend time one-on-one with your child outside of JCC programs.
- Please do not leave your child at the JCC facility or camp area unless a JCC staff member or volunteer is there to receive and supervise your child.
- Talk to your child about the importance of telling you if someone does or says something that makes them feel uncomfortable. Emphasize that adults should not ask them to keep secrets from you.
- Explain to your child that s/he has a basic right to privacy and that no one should touch them inappropriately or compel them to touch someone else inappropriately.
- Instruct your child to always remain part of the group. Stress safety in numbers.

- Report any actions by JCC staff or volunteers that you deem to be inappropriate to the Camp Director or JCC Manager. If these actions involve suspected child abuse, contact the Child Protective Services Department of your jurisdiction immediately, or call your local police or sheriff's department.

STAFF

The summer camp staff is made up primarily of college students, recent graduates, school teachers, and our professional JCC staff. The day camp staff members are innovative and creative individuals who love working with children and have experience in camp settings. They have attended training to prepare them for the summer camp season.

PHONE CALLS TO CAMP

Please do not call to speak to your child unless it is an emergency. If your child is experiencing problems, we will call you immediately. You may call the day Camp Director, site director, or JCC Manager with your questions or concerns at any time. See the listing below if you need to contact a particular person.

Camp Phone Directory

JCC Main Phone Line – 805-426-5465

Camp Director Direct Line – 707-228-8207

JCC Manager Direct Line -- 410-693-2949

PARKING

Please remember to drive slowly and carefully. Park in spaces provided. During early morning and afternoon pick up please note parking is limited so plan accordingly.

DAILY PROCEDURES

COVID-19 Guidelines and Updates

COVID-19 Guidelines

Camp Shoreshim and all attendees, staff, and volunteers will be following the latest COVID-19 guidelines in accordance with CDC, State, and County precautions for summer day camps.

Please find the CDC's "Guidance for Operating Youth Camps" [here](#) and the latest "COVID-19 Guidance for Day Camps" from the California Department of Public Health [here](#). The SLO County Department of Health follows the state's guidelines for COVID-19 safety and prevention.

Updates to the Property for COVID-19 Safety

There will be hand sanitizer and masks available throughout the camp area for campers, staff, and volunteers to use. We also have two outdoor hand washing stations for campers, staff, and volunteers to use during the day before meals and after activities.

2021 CAMP SCHEDULE

Session I: July 5-9 and Session II: July 12-16

9:00am – 3:30pm

Drop off as early as 8:30am and pick up as late as 4:00pm.

ARRIVAL

Camp begins at 9:00am, Monday - Friday.

Parents/Guardians are asked to sign their child into camp each morning.

DEPARTURE

Camp concludes at 3:30pm, Monday – Friday.

Parents/Guardians are asked to sign out their child from camp before removing the child. If you plan on picking up your child early, please inform the staff.

EXTENDED HOURS

Please contact our Camp Director to see if we can accommodate hours beyond those regularly offered.

ABSENCES

If your child is not going to attend camp for the day, please report his/her absence by emailing the JCC Camp Staff at info@jccslo.com.

RULES & SAFETY

Safety is paramount to the camp program. All children **MUST** be brought to and picked up from camp by a parent or authorized person.

Camp rules will be established and taught to the children at the beginning of the session and regularly reviewed to ensure the safety of all campers, volunteers, and staff. Please review the following list of rules with your child:

General Rules

- 1) Stay with your group at all times.
- 2) Always walk when in the parking lot.
- 3) No climbing on gates, fences, or trees.
- 4) No inappropriate or abusive language is permitted.
- 5) No hitting, kicking, or other physical abuse is permitted.
- 6) Listen to and respect the rules and boundaries of any games or activities conducted during camp.
- 7) Participate and cooperate during activities.
- 8) All campers will be expected to display good teamwork. How we play is more important than whether we win or lose!

DISCIPLINE

If your child has received assistance in behavior management during the school year, it is imperative that this information be shared with the camp staff. This will enable us to work more effectively and productively with your child. Good behavior will be elicited in a positive and kind way (i.e. mitzvah beads). Children will be given understandable guidelines for their behavior so that they develop internal control of their actions. The staff will work cooperatively with parents, keeping them informed of behavior problems and methods used to teach and guide the child towards socially acceptable behavior. Certain abusive behaviors will result in immediate dismissal.

CLOTHING

Children must wear clothing suitable for an active day at camp. Appropriate items would include shorts, t-shirts, light jackets (for chilly mornings), and athletic shoes (no sandals/flip flops).

Please label all items sent to camp with the child's first and last name. Staff cannot be held responsible for your camper's personal belongings. Please do not send expensive clothing or toys to camp. While every effort will be made to locate lost items, the JCC is not responsible for replacing them.

LUNCHES & SNACKS

All campers should bring a lunch*, a snack*, a beverage, and a water bottle to camp daily unless otherwise notified. Lunches will not be refrigerated; therefore, unless you pack the lunch with a

cold-pack, we ask that you send lunches that do not contain food items that will spoil if not kept cold. Please mark all lunches with the camper's first and last name.

Please do not provide your camper with food that will need to be heated or microwaved. Camp staff is not responsible for food preparation or pre-heating meals.

**We ask that parents are sensitive to JCC food policy and campers with food allergies. We ask that lunches are kosher-style (no pork/shellfish) and should we have a camper with a nut allergy, do not contain peanuts/tree nuts/nut oils.*

WEATHER

We spend almost all of our time outdoors. Parents are asked to dress their children appropriately for the weather conditions. A light sweater or jacket may be needed in the mornings, a hat and sunscreen are helpful for the afternoons.

MONEY AND ELECTRONICS

Please do not allow your child to bring money to camp. There is nothing to purchase at camp.

Please do not send your child to camp with electronics. Cell phones, electronic games, stereos, iPods, computers, iPads, tablets, Kindles, and e-readers are prohibited. Camp is a place where your child can "unplug." Also, these devices have a way of getting lost or broken at camp. Camp Shoresim cannot take responsibility for their loss or damage, nor does our insurance policy cover their replacement.

Calling, playing on the phone, and texting is disruptive to the camper's experience and thus not allowed. Do not promise your child that he/she can call home, as such a promise cannot be fulfilled. Please do not send your child with a cell phone for emergency purposes. In the case of an emergency, all parents will be notified by camp staff. A camper with a cell phone is FAR less likely to enjoy everything camp has to offer. Cell phones discovered in your child's possession will be confiscated. We also reserve the right to send a child home for violating this rule.

LOST AND FOUND

Those items left at camp will be placed in the camp Lost and Found box at the end of each camp day. Ask your child's counselor for the location of the Lost and Found box. All items not claimed by the end of the camp week/session will be donated to a local shelter.

HEALTH INFORMATION

EMERGENCY PROCEDURES

All precautions will be taken to prevent serious health risks to all campers, staff, and volunteers. In the event that a minor injury occurs, a certified staff person or on-call health professional will administer first aid at the campsite and a JCC Incident Report Form will be filled out.

*The following procedures will be implemented in the event of a major injury or health problem:

- 9-1-1 will be called.
- A First Aid certified staff person or on-call health professional will administer immediate first aid at the campsite until professional services arrive. All efforts will be made by the staff to make your child comfortable.
- The parent(s) or guardian(s) will be contacted. If the parent(s) cannot be reached, the emergency contact person will be notified.
- A staff person will accompany the child to the hospital and will remain with the child until the parent/guardian or emergency contact person arrives.
- The incident will be recorded on a JCC Incident Report Form listing all medical care and first aid procedures administered.

*The emergency procedures for minor injuries are as follows:

- First aid will be provided and the incident will be recorded on both the JCC Incident Report Form and in the Camp Medical Log.
- The child will be observed continuously and made as comfortable as possible during and following the treatment period. Parents will be notified immediately.

Special Note:

- The majority of our staff members are trained in First Aid/CPR.
- The JCC does not pay for treatment due to injury at camp. Health cost/treatment is the sole responsibility of the parent(s)/guardian(s).
- It is imperative that parents/guardians indicate their health insurance information on their Camp Registration Form prior to the start of camp.
- Additionally, when assigning an emergency contact, please list someone who can be easily reached if needed.

ILLNESS

If your child is sick, please keep him/her at home. If your child is sent to camp with an illness, we will notify you to pick up your child. If your child is sent to camp they will be expected to participate in the daily activities for that day. Children will be sent home from camp for the following reasons: fever, diarrhea, unexplainable rash, lice, upset stomach, vomiting, COVID-19 symptoms, and other symptoms that show illness.

A child, who has vomited, had a fever or diarrhea, must be kept home for a minimum of 24 hours after the symptoms have subsided. Children with lice must be nit free before returning to camp. When a child is sent home with a communicable disease, he/she cannot return to camp without a note from a doctor.

MEDICINE

Our volunteer camp nurse or doctor will administer prescription and over-the-counter medications to children only when the parent, legal guardian, or physician has completed a written medication form. A doctor's signature will be required for prescription medications. All medication must be in the original container with the child's name on the label. There will be **NO EXCEPTIONS!** All medications must be turned into the camp office each morning. Please hand the medications to one of the staff members directly. Do not put medication in your child's lunch box or backpack. The medicine will be placed in a medication lockbox located in the camp office every day.

Please note the JCC will offer a non-hypoallergenic sunscreen to be applied to campers while at camp. Please leave special instructions on a medication form if your child will need a specific brand of sunscreen due to allergies. You will also need to provide the JCC with the specific brand you wish to use.

MEDICAL/EMERGENCY INFORMATION

Insects & Bees

To reduce the possibility of both bug bites and stings, a few simple precautions can be taken. Bugs and bees are attracted to patterns on clothing that resemble foliage outdoors. To reduce this attraction, campers should wear solid, light colored shirts, shorts, or trousers. Another major attraction occurs from smell. Sweet smelling soaps and shampoos will attract both bees and bugs so try to use unscented products when showering and bathing and avoid the use of perfumes.

Insect repellent spray is not necessary. Staff perform daily tick checks after camp, but it is highly recommended that parents do so as well.

Summer Camp Health and Emergency Forms

A child may not attend camp until these forms are received and on file at the JCC-Federation office. If you have not done so already, please fill out your full registration now at www.jccslo.com/camp-shoreshim.

DISABILITIES

In order for the JCC to provide the best day camp experience for your child, we ask that prior to registration, you consult with the camp director or JCC staff regarding any special needs of your child. There are some medical treatments and procedures that the JCC staff is legally neither trained nor qualified to perform. Children will be enrolled on an individual basis. We will make every attempt to serve all children.

OFFICE PROCEDURES

EVALUATIONS

A camp survey will be distributed to parents and children after the summer. Parental assessment of the camp's strengths and weaknesses will aid in the improvement of camp programs and in the facilitation of new ideas. Parents are invited to give regular assessments of the camp program to the camp director or JCC staff at any time.

FEES

There are two ways to pay for summer camp. You may pay in full at time of registration by check or with a credit card. Alternatively, you can arrange for incremental payments with the JCC Manager.

REFUNDS/ WITHDRAWALS/CHANGES

All withdrawals/cancellations from a camp session and/or refund requests must be done in-person, over the phone, or email with the JCC Manager.

Refunds/credits will be issued as follows:

Refund & Cancellation Policy: If the JCC cancels a session of camp for any reason, a full credit or refund will be issued. Camp reserves the right to cancel any camp within two weeks of the program if numbers are below minimum enrollment. If you decide to cancel, and notify us within two weeks of the session(s) you are enrolled in, we will issue a refund, minus a \$50 non-refundable deposit.

Check/Cash Refund: If you paid by check/cash, it takes 4-6 weeks from the date requested to receive a refund in the mail.

Credit Card Refund: If you paid by credit card, it takes 1-2 weeks from the date requested to receive a refund on your credit card statement.

JCC Camp Shoreshim Location

JCC-Federation of San Luis Obispo Property

875 Laureate Lane

San Luis Obispo, CA 93405

805-426-5465



Driving directions to Camp Shoreshim from 101 (headed North)

1. Exit 101 on Los Osos Valley Road, turn left
2. Take LOVR to Foothill Blvd, turn right
3. Take first left on O'Connor Way
4. Take first right on Laureate Lane
5. Camp Shoreshim entrance is the last driveway on the left

Driving directions to Camp Shoreshim from 101 (headed South)

1. Exit 101 on California Blvd, turn right
2. Turn left on Foothill Blvd
3. Turn right on O'Connor Way
4. Take first right on Laureate Lane
5. Camp Shoreshim entrance is the last driveway on the left